



The MIND Method: Re-wiring the Brain to Overcome ADHD, Dyslexia, Autism, Anxiety, Seizures, TBI, and Other Neuro-Behavioral Disorders

Dr. Russ Schroder

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From the Introduction- Today, as you are reading this, over one thousand more Americans are diagnosed with a condition involving abnormal function of the human brain. Each year, 13-20 percent of children living in the USA experience some form of mental disorder, and the prevalence is on the rise. (CDC- Centers for Disease Control and Prevention, Six County Inc.) ADHD/ADD was the most commonly reported with behavioral problems, anxiety, depression and autism following behind. ADHD and Autism are at all time highs with 1 in 10 children diagnosed with Attention Deficit/Hyperactivity Disorder. While Autism is found in at least 1 in 88 children. (2013 stats say 1 in 50!) Clinical Depression and Anxiety in the U.S. is estimated at 1 in 5 people. Millions of adults and youths as young as 4 play contact sports such as football, hockey, soccer and lacrosse resulting in hundreds of concussions (or mTBI- “mild” Traumatic Brain Injury) each and every single day. Add to that the soldiers returning from at least 2 conflicts (more accurately: “Wars”) who are saved by protective gear that prevents death but cannot prevent damage from the concussive forces inside the human skull, leaving their brains cooking in inflammation, shattering their lives, ruining their relationships. Over a million kids in school right now have difficulty reading due to transposing letters, seeing words “backwards” or letters upside down or backwards. (Dyslexia) Seizure disorders and epilepsy are also rising at an unprecedented rate with no end in sight. These patients’ brains are so unstable that they can’t even maintain the basic homeostatic baseline to function, over-firing when not squashed by inhibitory medications. In Muskingum County alone, Six County Inc. saw an increase in youth with mental problems from 323 in 2008 to 1,196 in 2012! That’s a nearly 400% INCREASE in just the past 4 years. The 3 most common were ADHD, anxiety and depression. (Times Recorder 11/10/13) In Anatomy of An Epidemic, Robert Whitaker correctly points out that when the final analysis is done, pharmaceutical medications are being sought out as the treatment of choice in many cases due to their ease of use, despite the fact that overwhelming evidence points directly to the conclusion that the cure IS worse than the disease. We are now at the point in human history where the medications we take are causing even worse problems than the primary reason we started them in the first place. It is with the hope of helping an entire population from becoming “Generation Rx” that we present this book to you. - The Authors

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Alice Lawson:

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Allen Grimm:

The publication untitled *The MIND Method: Re-wiring the Brain to Overcome ADHD, Dyslexia, Autism, Anxiety, Seizures, TBI, and Other Neuro-Behavioral Disorders* is the publication that recommended to you to read. You can see the quality of the reserve content that will be shown to you actually. The language that writer use to explained their ideas are easily to understand. The article writer was did a lot of analysis when write the book, hence the information that they share to your account is absolutely accurate. You also can get the e-book of *The MIND Method: Re-wiring the Brain to Overcome ADHD, Dyslexia, Autism, Anxiety, Seizures, TBI, and Other Neuro-Behavioral Disorders* from the publisher to make you a lot more enjoy free time.

Eric Kyler:

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