



# Standing Naked in the Shower: Life-Enriching Insights That Expose Human Nature

*Nathan Bryce*

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# Standing Naked in the Shower: Life-Enriching Insights That Expose Human Nature

*Nathan Bryce*

## **Standing Naked in the Shower: Life-Enriching Insights That Expose Human Nature** Nathan Bryce

This comprehensive book will teach you how to understand anyone in the world, motivate reluctant people, communicate with power, succeed in your occupation, strengthen leadership abilities, reduce stress and conflict, parent complicated children, guide troublesome teenagers, teach difficult learners, and create sensational interpersonal relationships.

Two decades ago, Nathan Bryce began investigating hundreds of ancient and modern theories on human personality. He believed that this information could help solve many interpersonal relationship problems. This led him to develop a simplified, yet comprehensive theory of his own: the Insight Personality System. In 1994, Bryce invented the Insight Personality Instrument card deck, the first personality test ever to be granted a U.S. patent.

Since then he has authored an extensive collection of books, training presentations, course materials, lesson plans, news articles, and multimedia publications. These materials (available at [www.insightlearning.com](http://www.insightlearning.com)) teach hundreds of cognitive, social, personal, family, and employment skills that help people--regardless of age or background--succeed in life.

Perhaps his most important work to-date is this book, *Standing Naked in the Shower*. In language that's easy-to-read and simple-to-understand, Bryce describes human personality in definitive detail and offers practical insights on applying this information in real-life settings.

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