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Buckwheat and Legumes (FREE BONUS INSIDE:
20 Superfood Paleo and Vegan Smoothies for
Vibrant Health and Easy Weight ... Cookbook,
Vegetarian Recipes Book 1)**

Alissa Noel Grey

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Incredibly Delicious Vegetarian Recipes for Better Health and Easy Weight Loss!

From the author of several bestselling cookbooks and fitness enthusiast, Alissa Noel Grey, comes a great new collection of delicious, easy to make vegetarian recipes.

This time she offers us some of the best meat-free, protein-packed vegetarian meals, full of superfood legumes, vegetables, nuts and delicious gluten-free grains like quinoa and buckwheat.

Power Vegetarian Cooking: with Quinoa, Buckwheat and Legumes is an invaluable selection of protein-packed vegetarian recipes that will delight everyone at the table and become all time favorites.

If you're looking for a quick weeknight supper or a delicious weekend dinner, these healthy everyday vegetarian meals will help satisfy your family and your budget.

And because we all want to be fit and healthy, at the end of this cookbook you will find a **FREE BONUS GIFT - 20 Superfood Paleo and Vegan Smoothie Recipes for Vibrant Health and Easy Weight Loss.**

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