

Baking Soda: Discover The Incredible Health,
Personal Hygiene, And Cleaning Hacks That
Everyone Needs To Know About Baking Soda
(Baking Soda, DIY Household Hacks, Natural
Remedies)

Ashley Stone

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## Discover The Incredible Power Of Baking Soda - Including Personal Hygiene, DIY Househould Cleaning Hacks And Health Remedies

Baking Soda; we've nearly all heard of it and most of us have some lurking at the back of a cupboard in the kitchen. For those who bake regularly it will be a familiar item, regularly used and much loved! For others it could be one of those mysterious substances that sits in the cupboard largely unused until a recipe calls for a pinch or two. Yes, Baking Soda is an essential ingredient in all manner of baked goods from cakes and cookies to breads and muffins. A simple, plain and inexpensive white powder it's essential in baking but that's about it. Isn't it? Well, not exactly. Some people may well have that box or container in the cupboard but also keep a little in the refrigerator. An old wives' tale, possibly your own old grandma's tale, suggesting that it keeps things fresh and reduces odors. Baking Soda can be used for an astounding range of household cleaning, culinary and even medicinal uses. It's cheap, widely available and sadly overlooked in our modern world. Thanks to the needs of large, commercial organizations, who need mainly to make a profit, Baking Soda has been replaced by many exciting, far more expensive products in many of its traditional uses. However, for those of us who like to keep the costs down, or simply avoid using too many dangerous chemicals when cleaning our homes, Baking Soda can provide a perfect alternative.

#### Get A Sneak Peak Of What Is Inside...

- Baking Soda In The Kitchen
- Baking Soda In The Bathroom (With Cleaning Hacks)
- Baking Soda And Laundry
- Frugal Cleaning Hacks
- Health And Hygiene Recipes Using Baking Soda
- Much, much more!

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