



# 60 On Up: The Truth about Aging in the Twenty-first Century

*Lillian Rubin*

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Getting old sucks, says best-selling author Dr. Lillian Rubin. With refreshing candor, she digs down under the statistics about our graying population and offers a provocative and unflinching examination of all the burning issues that mark aging today. Tackling the subject over a broad swath of the population, cutting across race, class, gender, and physical and cognitive ability, Rubin delivers a powerful and long-overdue reminder that everyone will be touched by the problems arising from our new longevity.

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