



The Puberty Bomb: A Survival Guide for Girls, Boys and Parents! (The Parenting Trap Book 7)

Katrina Kahler

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Karen Campbell and Katrina Kahler are award winning teachers and parenting experts who have finally filled a much needed gap in puberty education. You don't want your young daughter or son reading a book on puberty that includes explicit sexual information. Children are entering puberty earlier, some as young as nine. They're still playing with dolls and leggo and are little kids in their heads. Karen searched for books when her daughter and son entered puberty, but none of the books available were written for little children. This book tells your child all the information they need to know in simple to understand and appropriate language.

The book is broken into four sections.

Advice for Boys and Girls: This section talks about confidence; moods and feelings and hope to cope with them; the pressures of growing up; friends and bullies and pimples.

A Young Girl's Guide to Growing Up: The second part of the book is devoted to girls and gives advice on topics such as: what is normal; breasts and bras; dealing with teasing; body hair; body odor; body shape and image; periods and boyfriends.

What Happens to Boys During Puberty?: This section is for the boys and it focuses on the changes that boys will experience such as: voice changes; body hair; body shape and size; interest in girls; genitals; pimples; body odor and mood swings.

The final section is **Advice for Parents** and we talk about how your child will change; body image and strategies to make sure they remain confident about their bodies; interest in the opposite sex and how to praise a teen.

This book will help your daughter or son understand what they are going through without exposing them to unnecessary information about sex that is more suitable for older teenagers. This book was written after Karen had to rip out many pages from a puberty book she had purchased for her daughter. At the age of 9 to 13 children don't need to or want to know about all the different types of sex humans can have.

We hope you love this book. It is part of a series of 7 smaller books and an overall book called 'The Parenting Tap'.

The other books in the series include:

Confident Kids: How Parents Can Raise Positive, Confident, Resilient and Focused kids

Communicating With Your Kids: Learning How To Talk and Listen To Each Other

How To Improve Your Child's Behavior Today: Secrets to Raising Well-Behaved Children

Achieving Success at School: Help With Reading, Spelling, Writing & Math

Smart Baby: Give Your Baby or Toddler a Massive Head Start

The Parenting Trap: How To Avoid the Pitfalls and Raise a Child You'll Be Proud of (This book includes all the above books)

There is no doubt that you will benefit from the straight forward and simple to follow advice that Karen and Katrina give out. This is an investment in your child's future and your sanity.

Puberty can be a difficult time for children and parents, but if you are both prepared for the changes ahead, the transition from child to teenager will be smoother and you'll make fewer mistakes along the way.

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From reader reviews:

Margaret Gentile:

The publication untitled The Puberty Bomb: A Survival Guide for Girls, Boys and Parents! (The Parenting Trap Book 7) is the guide that recommended to you to learn. You can see the quality of the reserve content that will be shown to you actually. The language that article author use to explained their ideas are easily to understand. The writer was did a lot of investigation when write the book, hence the information that they share to you is absolutely accurate. You also will get the e-book of The Puberty Bomb: A Survival Guide for Girls, Boys and Parents! (The Parenting Trap Book 7) from the publisher to make you considerably more enjoy free time.

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A lot of people always spent their very own free time to vacation or even go to the outside with them friends and family or their friend. Do you realize? Many a lot of people spent many people free time just watching TV, as well as playing video games all day long. In order to try to find a new activity that's look different you can read the book. It is really fun to suit your needs. If you enjoy the book that you just read you can spent the entire day to reading a publication. The book The Puberty Bomb: A Survival Guide for Girls, Boys and Parents! (The Parenting Trap Book 7) it doesn't matter what good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. In the event you did not have enough space to create this book you can buy the particular e-book. You can m0ore effortlessly to read this book from the smart phone. The price is not very costly but this book offers high quality.

Larry Valadez:

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Jerry Schooler:

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