



The Great Brain Suck: And Other American Epiphanies

Eugene Halton

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More and more information is pumped into our media-saturated world every day, yet Americans seem to know less and less. In a society where who you are is defined by what you buy, and where we prefer to experience reality by watching it on TV, Eugene Halton argues something has clearly gone wrong.

Luckily Halton, with scalpel-sharp wit in one hand and the balm of wisdom in the other, is here to operate on the declining body politic. His initial diagnosis is bleak: fast food and too much time spent sitting, whether in our cars or on our couches, are ruining our bodies, while our minds are weakened by the proliferation of electronic devices—TVs, computers, cell phones, iPods, video games—and their alienating effects. If we are losing the battle between autonomy and automation, he asks, how can our culture regain self-sufficiency? Halton finds the answer in the inspiring visions—deeply rooted in American culture—of an organic and more spontaneous life at the heart of the work of master craftsman Wharton Esherick, legendary blues singer Muddy Waters, urban critic Lewis Mumford, and artist Maya Lin, among others.

A scathing and original jeremiad against modern materialism, *The Great Brain Suck* is also a series of epiphanies of a simpler but more profound life.

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Luz Davis:

The reason why? Because this The Great Brain Suck: And Other American Epiphanies is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will shock you with the secret this inside. Reading this book alongside it was fantastic author who write the book in such awesome way makes the content within easier to understand, entertaining means but still convey the meaning totally. So , it is good for you because of not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of positive aspects than the other book have such as help improving your talent and your critical thinking technique. So , still want to postpone having that book? If I had been you I will go to the book store hurriedly.

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