



# The Indigo Journals: Spiritual Healing For Indigo Adults & Other Feminine Souls

*Yol Swan*

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**The Indigo Journals: Spiritual Healing For Indigo Adults & Other Feminine Souls** Yol Swan  
**Are You Sensible, Creative and Empathic (or a Woman)? Then This Book Is For You!**

"Whether you are an Indigo or not, everyone and especially every woman needs to take a look at this book ... It is a revelation to those who need to understand the feminine soul. The detail and way that everything is explained is refreshing and eye opening ... A deeply compelling and insightful read." ~**Readers Favorite**

If you feel disempowered and disconnected in a world that doesn't make sense to you, *The Indigo Journals* holds the answers and healing tools you've been looking for. From her mystical experiences, channeled messages and encounters with enlightened teachers to the cosmic memories that led her to an in-depth exploration of the wounded Feminine, the author takes you on a spiritual healing journey of self-discovery and personal growth to unlock your hidden feminine power, fulfill your purpose and experience a 5th-dimensional reality to bring balance to an overly masculine world.

You may have heard of Indigo children, but Indigos come in all ages and personalities, often living despairing lives along with other sensitive (male and female) feminine souls who can't understand the agonizing lack of love on the planet.

This book will help you:

- **Understand the gifts of your receptive nature** and the essential differences between the many soul types inhabiting the Earth today.
- **Master your hidden feminine power** to transform your reality while contributing to a better world.
- **Develop emotional and spiritual freedom** with practical tools to integrate the Feminine and Masculine within you.
- **Discover your true purpose**, feel empowered to live the life you want and promote a new cosmic cycle of light.

If you want to better understand yourself and others, discover your unique spiritual gifts, or enjoy self-help books about personal transformation for women, feminine self-empowerment and tools for spiritual growth, *The Indigo Journals* is a must-read!

Aside from the many spiritual practical tools provided, you will also find **bonus links** to a Self-Assessment Questionnaire, Guided Meditation and Past Life Regression.

**Grab your copy of *The Indigo Journals* today!**

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