

# HOW TO TAKE CONTROL OF YOUR LIFE IN JUST ONE HOUR

J.J David

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### HOW TO TAKE CONTROL OF YOUR LIFE IN JUST ONE **HOUR**

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HOW TO TAKE CONTROL OF YOUR LIFE IN JUST ONE HOUR: Spending time on these nine simple actions will actually give you more time in the long run - and make you feel happier and more in control of your life. For best results, you need to take the time every day.



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