

Healthy Dump Dinners Diet: Real Food, No Processed Meals for the Whole Family (Slow Cooker Recipes, Crockpot Recipes)

Kara Tyler

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Real Food. No Processed Ingredients. Just good healthy food for you! And they are all easy to make!

Just dump the ingredients altogether. No more frying or searing before putting inside the slow cooker. Just dump it all, let it cook, and you have a delicious meal waiting for your family.

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