



Give Peas a Chance: The Foolproof Guide to Feeding Your Picky Toddler

Kate Samela

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Like every parent, you've probably...

- Begged, "Please, just take one more bite"
- Wondered if you should "sneak" nutrition into what you make
- Worried that your child is picky, and just getting pickier

A practical and easy-to-use guide from registered dietitian and pediatric specialist Kate Samela, *Give Peas a Chance* is everything you need to finally manage finicky toddlers at the table. You'll not only ensure that your child is getting good nutrition, but also promote a healthy relationship with food and expand the repertoire of even the pickiest of eaters!

"Kate Samela provides an easy-to-understand, scientifically valid approach to feeding picky toddlers."—Jeffrey S. Hymans, MD

"Kate Samela shows parents of toddlers that there's no need to press the nutritional panic button."—Lauren Slayton, MS, RD

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Mark Hoffman:

Exactly why? Because this Give Peas a Chance: The Foolproof Guide to Feeding Your Picky Toddler is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will jolt you with the secret this inside. Reading this book adjacent to it was fantastic author who write the book in such incredible way makes the content interior easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you for not hesitating having this ever again or you going to regret it. This amazing book will give you a lot of gains than the other book include such as help improving your proficiency and your critical thinking approach. So , still want to hesitate having that book? If I had been you I will go to the reserve store hurriedly.

Bernard Davisson:

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