



Psychodynamic Psychiatry in Clinical Practice (4th Edition)

Glen O. Gabbard, Gleno Gabbard

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This new edition of the classic psychodynamic psychiatry text, *Psychodynamic Psychiatry in Clinical Practice*, continues its tradition as the most readable, scholarly, and practical introduction to psychodynamic theory and practice available. Kept within arm's reach of all mental health professionals, this invaluable one-stop reference will prepare you to teach students and treat patients more effectively with its truly integrative psychodynamic approach. The author has meticulously updated every chapter of the previous edition, adding new illustrative case examples and discussing the most recent research findings and concepts in psychodynamic psychiatry. It introduces the basic principles of psychodynamic psychiatry and the four fundamental theoretical frameworks derived from psychoanalytic theory: ego psychology, object relations theory, self psychology, and attachment theory. Drawing on the latest breakthroughs in neuroscience to validate the latest psychodynamic thinking, the author includes neuroanatomical illustrations that highlight the need to integrate psychoanalytic theories of development with brain development and the impact of environment on gene expression. The eminently practical *Psychodynamic Psychiatry in Clinical Practice* is organized into three distinct sections based on DSM-IV diagnoses: -Section I, *Basic Principles and Treatment Approaches in Dynamic Psychiatry*, begins by laying a foundation in psychoanalytic theory. It focuses on how to apply psychoanalytic theory to specific types of evaluation and treatment, including psychodynamic assessment, brief therapy, individual and group psychotherapy, family and marital therapy, pharmacotherapy, and hospital/partial hospital treatment. -Section II, *Dynamic Approaches to Axis I Disorders*, covers the major psychiatric disorders and discusses how to apply psychodynamic understanding to the treatment of patients with these disorders. -Section III, *Dynamic Approaches to Axis II Disorders*, provides a psychodynamic understanding of personality disorders and covers in detail the principles of psychodynamic psychotherapy for these conditions. The fourth edition of *Psychodynamic Psychiatry in Clinical Practice* details the theory of psychodynamic psychotherapy and the adaptation of psychodynamic thinking to specific disorders. As such, it is an ideal companion to Dr. Gabbard's *Long-Term Psychodynamic Psychotherapy: A Basic Text*, which details the techniques of dynamic psychotherapy. The bestselling *Psychodynamic Psychiatry in Clinical Practice* is the definitive reference for training programs of all kinds at all levels. This new edition provides a clear synthesis of diagnostic understanding and treatment unmatched in the literature. Marked by Dr. Gabbard's distinctly lucid and compelling prose, it is the ultimate psychiatric guide for the busy clinician and mental health student.

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