



Jumping Mouse: A Story About Inner Trust

Mary Elizabeth Marlow

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The story of *Jumping Mouse*, from the Native American tradition, is a compelling tale about the journey to acquire *inner trust*—the ability to trust the path of our own hearts. We travel along with Jumping Mouse as he is challenged by the stages and initiations one must face in order to trust within: paradox, ambiguity, betrayal, doubt, the leap of faith, the pull of consensus reality, and the subtleties of discernment.

Juxtaposed with contemporary analogies and gentle teaching, the story guides us in our quest to learn when to, whether to, and to trust. As Jumping Mouse journeys to the Sacred Mountain—the heart of his true self—and discovers that which gives his life meaning and purpose, we feel the reawakening of innocence and the birth of trust in the moment and in ourselves. And as he learns to totally trust the promptings of his heart, our spirits take flight and soar far beyond the pages of the book to the heart of our own truth.

Here is a NEW EDITION with an experiential guide of rituals and ceremonies for individuals, couples, and groups.

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