



Vegan Slow Cooker for Beginners: Essentials to Get Started

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Now you can whip up quick, filling vegan meals straight from your slow cooker.

Vegan Slow Cooker for Beginners will take the time and frustration out of cooking vegan at home. *Vegan Slow Cooker for Beginners* offers healthy, simple vegan slow cooker recipes designed perfectly for the busy vegan. *Vegan Slow Cooker* shows you how to use your slow cooker to make hearty vegan meals and save hours of time every day. With 150 easy and delicious vegan slow cooker recipes, *Vegan Slow Cooker for Beginners* is a comprehensive guide to creating nutritious and flavorful plant-based meals--with enough for leftovers.

Vegan Slow Cooker for Beginners will show you how to create easy vegan slow cooker meals with:

- 150 delicious and simple vegan slow cooker recipes
- Vegan slow cooker crowd-pleasers, such as Black Bean Breakfast Burritos, Vegan Eggplant Parmesan, and Chocolate-Peanut Butter Cake
- Tips for buying the slow cooker that's right for your lifestyle
- Advice on stocking your pantry and equipping your kitchen from the editors of *Vegan Slow Cooker for Beginners*

Vegan Slow Cooker for Beginners is your no-hassle guide to enjoying the healthful benefits of a vegan lifestyle.

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Mathew Jones:

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