



Successful Weight Loss with the Gastric Sleeve: Your personal guide to surgical options and healthy recuperation

Dr. Guillermo Alvarez

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With each passing year, bariatric surgeries are becoming more and more common place. After years of frustrating weight loss and regains, patients are looking for permanent answers to their obesity problems. New procedures, new techniques and new surgeons enter the field of bariatrics each year. In this newly revised book, Dr. Alvarez pulls back the curtain on the Gastric Sleeve surgery and tells why it is the only bariatric surgery he'll perform, the risks associated with the surgery, and what patients need to know to be one of the successful permanent losers.

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