



College Student Alcohol Abuse: A Guide to Assessment, Intervention, and Prevention

Christopher J. Correia, James G. Murphy, Nancy P. Barnett

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Essential evidence-based strategies for the prevention and reduction of alcohol abuse among college students

With contributions from notable substance abuse researchers, this practical guide presents clear strategies for prevention of and interventions for alcohol abuse in the college-age population.

Ranging from community-based prevention programs to individual, motivational, and interview-based approaches, *College Student Alcohol Abuse* explores:

- The leading theories used to conceptualize college student drinking and related problems, with an emphasis on the clinical implications of each perspective
- Epidemiology of student drug use—including illicit drugs and nonmedical use of prescription drugs
- The spectrum of empirically supported prevention programs with a focus on best practices and materials
- How to conduct assessments and create intervention programs for students with substance abuse problems

A must-have resource for every college administrator, resident staff member, and addiction counselor who works with this unique population, *College Student Alcohol Abuse* translates the latest research findings and interventions into clear and evidence-based strategies for assessing and treating college students who are abusing alcohol.

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