



# The Case for the Only Child: Your Essential Guide

*Susan Newman P.h.D.*

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Although parenting approaches change, attitudes about only children remain stuck in the past. The negative stereotypes?lonely, selfish, bossy, spoiled, socially maladjusted?make parents think their child will be at a disadvantage when compared to those who grow up with siblings.

The Case for the Only Child debunks the myths, taking into account the many changes the nuclear family has experienced in the face of two-family incomes, women who have children later, and the economic reality of raising children in our modern world. Combining often-surprising findings with real-life stories, compassionate insight, and thought-provoking questions, Dr. Susan Newman provides a guide to help you decide for yourself how to best plan your family and raise a single child.

- Provides fascinating facts and statistics to show the reasons for the rapid rise in the number of singletons
- Explores pressure from friends, relatives, and strangers to have a second child . . . and how to deal with it
- Demystifies the realities of raising and being an only child with personal stories and current research
- Explores the highly debated question: Does a child need a sibling?

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