



# Principles and Methods of Adapted Physical Education and Recreation

*David Auxter, Jean Pyfer, Laurie Zittel, Kristi Roth, Carol Huettig*

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**Principles and Methods of Adapted Physical Education and Recreation** David Auxter, Jean Pyfer, Laurie Zittel, Kristi Roth, Carol Huettig

Provides physical educators with up-to-date knowledge and skills to deal with all levels of students' abilities. It is the only text in the adapted physical education market that provides both task-specific and developmental teaching approaches. With the national movement to include most students with disabilities into the general curriculum, the text is designed to enable adapted and regular physical education teachers to successfully address those students' needs in the regular physical education class.

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