



Dinner for Busy Moms: Easy Strategies for Getting Your Family to the Table (Simple Solutions for Families)

Jeanne Muchnick

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How do you improve your family's health and relationships, save money, and raise happier kids who get better grades and are less likely to do drugs? Family dinners! These easy strategies will get your family back to the table.

Jeanne Muchnick, mother of teenagers, is a lifestyle editor and writer.

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